

Leesville Road High School Planning Guide

Class of 2011

The Student Services Staff hopes you have a great junior year. Please use this Guide as a reference to assist with planning for the remainder of your junior year. Listed below is the Student Services staff for 2009-2010.

Eric J. Greene Dean of Counseling and Student Services egreene@wcpss.net Scholarships Credit Evaluation Homebound Governor's School Dual Enrollment Registration Issues Foreign Exchange Students	Philomena Karol Counselor A-D 504 Contact pkarol@wcpss.net	Angie Tucker Counselor P-S atucker1@wcpss.net	Gwen Canada Career Development Coordinator gcanada@wcpss.net	Julie Haunsperger Secretary jhaunsperger@wcpss.net
	Carol Gartrell Counselor E-J cgartrell@wcpss.net	Rachael Confer Counselor T-Z and ESL Students rconfer@wcpss.net	Jerrie Chiles Intervention Coordinator jchiles@wcpss.net	Anita Reeves School Registrar areeves@wcpss.net
	Sallie Busby Counselor K-O sbusby@wcpss.net	Brandy Lyons Student Assistance Program Counselor blyons@wcpss.net	Danette Swann Testing Coordinator dswann@wcpss.net	Regina Stehlik Receptionist rstehlik@wcpss.net

Graduation Requirements

1. Graduation requirements are posted in the Student Services Section of the LRHS website. Graduation Requirements are based on the year you started high school.
2. Graduation requirements are ultimately your responsibility. If you have questions, make an appointment to see your counselor.

Junior Conferences

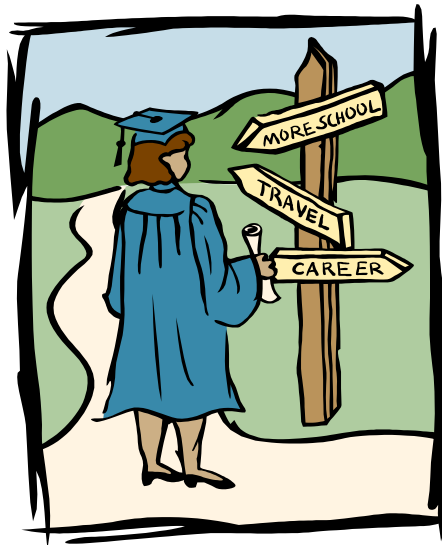
1. Each junior will have a conference with their assigned counselor.
2. In this conference the counselor will discuss credits, testing, your plans for after high school, applying to college and address other questions you may have.
3. During this time you will also select your courses for the 2010-2011 school year.
4. These conferences will start the first week of March.
5. You will leave the conference with:
 - A transcript of your grades
 - A junior credit check sheet
 - A print out of the classes you have chosen for the 2010-2011 school year.
6. If you have questions, prior to your meeting, come to Student Services and make an appointment.





Course Registration for 2010-2011

1. First and second semester teachers will be making and discussing their course recommendations with you starting in December and ending in March. They will put these recommendations into SPAN.
2. During your junior conference your counselor will go over your course recommendations with you and help you select your courses.
3. Several courses require that you complete an application or an audition. Make sure to listen for announcements regarding deadlines for these courses.
4. You will be given a final course verification form in May. This will be your LAST opportunity to make changes. Schedule changes in the Fall of 2010 will be kept to a minimum and will only involve academic classes that you need to graduate.
5. If you wish to register for a course that you were not recommended for you will have to first complete a course waiver form. If you complete a course waiver form you will not be allowed to drop the course you waived to take.
6. ELECTIVE CHANGE REQUESTS WILL NOT BE HONORED! PLEASE TAKE THIS SERIOUSLY!!! MAKE GOOD CHOICES THIS SPRING.
7. The 2010-2011 Course List can be found under the Student Services Section of the LRHS website.
8. Descriptions of the courses are also listed in this section or can be found in the 2010-2011 Wake County High School Planning Guide which is also posted.



Planning for Life After High School

Which Pathway is for you?

- College
- Work
- Military

Depending on your Choice you need to:

1. Set a Goal
2. Seek out Information
3. Make a Plan of Action
4. Follow Through with your Plan

Making Choices About College

Step One: Know yourself and your reasons for wanting to attend college

- ✓ Identify your strengths and weaknesses
- ✓ Analyze your interests and values
- ✓ Analyze your reasons for attending college

Step Two: Consider college characteristics

- ✓ Majors and educational programs
- ✓ Admission policy
- ✓ Location and size
- ✓ Costs and availability of financial aid
- ✓ Campus activities
- ✓ Academic reputation



Step Three: List, compare and visit colleges

- ✓ Compile information from several sources
- ✓ Weigh advantages and disadvantages
- ✓ Contact the admissions office for a visit to the campus

Step Four: Apply for admission and observe deadlines

- ✓ Narrow your choices to a list of four colleges (in the following fashion)
 - One college- “sure thing”- you are overqualified and will definitely be admitted
 - Two colleges- “realistic choices” or “middle of the road” – you meet the qualifications for admission
 - One college – “long shot” or “stretch” – you would really like to attend this college, but you may have a lower GPA, SAT score or class rank than is required
- ✓ Review college admission test requirements (SAT, ACT, TOEFL)
- ✓ Know application fees and deadlines
- ✓ Submit application materials
 - Completed application for admission
 - Application fee
 - High school transcript
 - Recommendations
 - Admissions test results

UNC System of 16 Public Universities, Minimum Admission Requirements

1. You must have the following credits to meet the minimum admission requirements for the UNC System:
4 Credits of English; 2 Credits of a Second Language; 4 Credits of Math (Alg. I, Geo., Alg. II, and either AFM, PreCalculus, AP Stats or AP Calculus); 3 Credits in Science (1 in biological science, 1 in physical science, 1 lab course); 2 Credits in Social Studies including one credit in U.S. History.
2. Keep in mind these are the MINIMUM requirements. You will need these classes and more and a good GPA to attain admittance into most of the 16 Public Universities in NC.



Standardized Testing

1. Most Colleges require students to take a Standardized Test for Admission Purposes.
2. You may take the SAT or ACT. Some colleges however do not accept ACT scores.
3. Information on how to register can be found in the Student Services Office. You should register on-line if possible.
4. Some schools require SAT subject tests for placement in classes once you have been accepted. Some also require these tests for admission. You should check with the colleges you are interested in for requirements.
5. You will be asked for Leesville’s CEEB code. Our code is 343214.

College Planning and Standardized Testing Websites

1. The College Board (SAT) www.collegeboard.com
2. The ACT Test www.act.org
3. Mapping your Future www.mapping-your-future.com
4. Petersons www.petersons.com
5. College View www.collegeview.com
6. College Foundation of N.C. www.cfnc.org
7. NCAA <https://web1.ncaa.org/eligibilitycenter/common/>



(If you think you may play sports in college you must register with this site)

Planning for Work or the Military.

If you're not sure where you are heading, that's okay. Here are a couple of important ideas to keep in mind as you think about your future career.

- First, you and the world in which you live will be constantly changing throughout your life. You will be a different person twenty years from now with different needs, interests, and priorities. Career options will be changing too.
- In addition to focusing on academics, now is also the time to explore and learn all you can about career options. Exploring career choices can help you learn about yourself and set goals.

Ways to Explore Careers

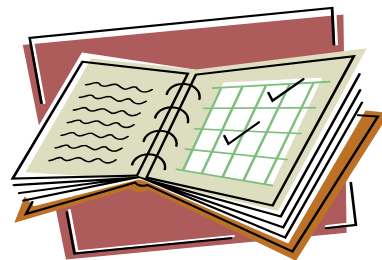
- **Career Inventories**-Taking a career inventory can be a good way to begin exploring careers. Inventories often ask you questions about your interests, preferences, and values. They may also ask about your abilities and talents or even attempt to measure some of your skills. The Career Center Tab at CFNC.org offers a career inventory called the Career Key that can help you begin exploration.
- **Informational Interviews**-You may be interested in several careers. One of the challenges of exploring careers is that the descriptions you read on the Internet or the impression you have in your mind might not match what that career is like in real life. Consider scheduling some interviews with people who have jobs that you find interesting.
- **Job Shadowing**-Another helpful way to see what certain jobs are really like is to job shadow someone. As the term implies, you simply find a person who would be willing to let you follow along while he or she works—typically for a half-day or a day.
- **Volunteering**-Maybe an organization or business is not able to offer you a paid job. Volunteering may help you gain experience that you would otherwise not be able to get.
- **Visit the Career Center Section of Leesville's Website**- This part of the Student Service section has information on Career Website, College Visit and information on Military Options.
- **Make an appointment to see Ms. Canada the Career Development Counselor**

Military Options

The different branches of the military visit Leesville Road High School on a monthly-basis, during the school year. Their display will be set up outside of the LRHS cafeteria during all lunches. The schedule is listed below:

<u>Military Branch</u>	<u>Recruiter Name</u>	<u>Office Number</u>	<u>Date</u>
Air Force	Sgt. James	872-7692	2 nd Tuesday
Army	Sgt. Smith	873-0297	3 rd Tuesday
Army Nat. Guard	Sgt. McEachin	790-1908	3 rd Thursday
Marines	GySgt Waller	872-9955	1 st Tuesday
Navy	First Petty Officer Rodriquez	873-0564	1 st Thursday





What You Need To Do: 11th Grade – Junior Year

All Year

- It is extremely important to maintain good grades in your junior year. You should also challenge yourself academically because colleges pay attention to the difficulty and diversity of your coursework. The more rigorous your high school curriculum is, the better prepared and more qualified you are for college. Continue to research careers that interest you and find colleges that suit your future goals.

Winter

- Research specific schools. Check admissions requirements against your credentials and begin to determine realistic choices.
- Watch for open house events at colleges you would like to visit.
- Find out schedules and get registration forms for standardized tests, such as the SAT, SAT Subject Tests, and ACT.
- Register for and take the SAT. Find out if any SAT Subject Tests are required by colleges you are considering.

Spring

- Meet with your school counselor to review your academic record and ensure that you are on track for high school graduation and college entrance requirements. This will take place in your Junior conference in March.
- Select courses for your senior year that strengthen your academic record and ensure that you meet College Entrance Requirements. This will also take place in your Junior Conference.
- Use spring break or school holidays to tour college campuses. Have questions prepared in advance and take notes on your visits.

Summer

- Attend college fairs and college open house sessions with your parent or guardian.
- Narrow down your college choices to your top three or four.

Extra Opportunities

- Many colleges and universities and other organizations have individual opportunities that allow students to involve themselves in a career interest, often for a small fee or even for free. Often, those opportunities are not widely publicized, and students miss out. For a list of summer opportunities, please visit www.cfnc.org, and click “Search CFNC”, then in the drop down box, click on ALL CAMPUS SIGHTS and then type in “summer opportunities” in the Keyword Section.
- The Student Services Office will also announce and post on Leesville’s website, opportunities that we know about or receive information about throughout the school year.
- Also, there are many volunteer opportunities available, depending on your interest and level of commitment (how often you are willing to participate). You can job shadow or participate in an internship over the summer, but summer is a great time to show you are more than an academic student, and that you are interested in and worthy of a chance to go to the school of your choice.



Creating a Resume

The development of your student resume is an important step in planning for your future. You will use your student resume for many pursuits, including, but not limited to: after-school and summer employment, volunteer work, job shadowing and internships, college applications, and scholarship applications. Your school counselor may use your resume (during your senior year) to write recommendations and to help you with the scholarship process. Each senior is encouraged to have a resume and share with the counselor.

Sample Resume

Resume of Matthew Daniel Dixon

418 Berry Hill Drive
Raleigh, NC 27613
(919) 555-1111

Education

2005 to Present
Leesville Road High School
8409 Leesville Road
Raleigh, NC 27613

Work Experience

2007 to Present
Part-Time Salesperson
Target
8 Brier Creek Drive
Raleigh, NC 27617
15 Hours a Week

Athletic Activities *(Include cheerleading and band activities in this section)*

2006 to Present
2005 to Present
Varsity Soccer Team
Varsity Tennis Team

Elected or Appointed Offices

2006-2007
2007-2008
2007-2008
Student Council
Junior Class Council
Latin Club Vice President

Community Activities *(Include number of hours of service in this section)*

2006 to Present
2007 to Present
Summer 2008
Habitat for Humanity (2 weeks every summer)
Rex Hospital Volunteer (5 hours a week)
Mission Trip to South America (1 week)

School Activities *(Include number of hours of involvement in this section)*

2007 to Present
2006 to Present
2005 to Present
National Honor Society (1 hour a week tutoring)
Key Club (8 hours a month)
Student Council (2 hours a week)

Honors/Awards

2005
Summer 2008
2007-2008
2007-2008
First Place in Math Competition
Governor's School for Science
Most Valuable Player on Varsity Tennis
Character Award for Perseverance

References

Mr. Stone
Ms. Duncan
Ms. Mavfield