



Career Services Website  
 Gwen Canada, CDC  
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 (919)870-4263

## Plan for High School

**CFNC Resources:** [www.cfnc.org](http://www.cfnc.org)

### Your Plan of Study

Track and plan your high school courses to align with your academic goals; and, compare your progress against entrance requirements of your target colleges.

### High School Planning Timeline (9<sup>th</sup> – 12<sup>th</sup> Grades)

Your timeline to planning for college.

9<sup>th</sup>-

[https://www1.cfnc.org/Plan/For\\_High\\_School/High\\_School\\_Planning\\_Timeline/9th\\_Grade.aspx](https://www1.cfnc.org/Plan/For_High_School/High_School_Planning_Timeline/9th_Grade.aspx)

10<sup>th</sup>-

[https://www1.cfnc.org/Plan/For\\_High\\_School/High\\_School\\_Planning\\_Timeline/10th\\_Grade.aspx](https://www1.cfnc.org/Plan/For_High_School/High_School_Planning_Timeline/10th_Grade.aspx)

11<sup>th</sup>-

[https://www1.cfnc.org/Plan/For\\_High\\_School/High\\_School\\_Planning\\_Timeline/11th\\_Grade.aspx](https://www1.cfnc.org/Plan/For_High_School/High_School_Planning_Timeline/11th_Grade.aspx)

12<sup>th</sup>-

[https://www1.cfnc.org/Plan/For\\_High\\_School/High\\_School\\_Planning\\_Timeline/12th\\_Grade.aspx](https://www1.cfnc.org/Plan/For_High_School/High_School_Planning_Timeline/12th_Grade.aspx)

### Succeeding in High School

Get advice on mastering skills you need to succeed in high school, and beyond. Plus, links to informational resources that you will find both useful and fun.

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## Plan for a Career

1. [Business Alliance at Leesville Road High School](#)
2. [Job Postings at LRHS](#)  
 Youths under 18 years of age must obtain a youth employment certificate (work permit) when employed, even if they are employed by their parents. The certificate and the issuing instructions are obtained from the N.C. Department of Labor Website - [http://www.nclabor.com/wh/youth\\_instructions.htm](http://www.nclabor.com/wh/youth_instructions.htm).  
 \*The youth employment certificate should be completed after a youth has a job.
3. [Job Shadowing at LRHS](#)  
 \*An ideal time to job shadow is during the Friday, Early Release Days: 10/7/11, 1/13/12, 2/17/12, 3/16/12, 4/27/12, or Teacher Work Days.
4. [Military Recruiters at LRHS \(2011/2012\)-](#)  
[http://www.leesville.org/Departments/guidance\\_dept/Career\\_Center\\_Services/military\\_services\\_2011\\_2012.pdf](http://www.leesville.org/Departments/guidance_dept/Career_Center_Services/military_services_2011_2012.pdf)  
 Each branch of the military visits LRHS, once a month.
5. [Volunteer Opportunities / Events](#)  
 Students can get first hand experience working with business professionals (i.e., mentor programs, advisory council, career / college fairs, etc).

### CFNC Resources:

#### Learn About Yourself

Determine your interests, skills, and work values and use them to find career options that are right for you.

#### Explore Careers

Learn about the many different types of jobs that exist in the workplace. You can browse by cluster, or find careers that meet requirements you specify.

#### Fastest Growing Careers

Discover North Carolina's fastest growing occupations.

#### Career Focus

North Carolina has become one of the fastest growing states in the country. This steady growth has caused a critical need for nurses and teachers across the state.

#### Get a Job

Tools to help you create resumes, cover letters, and thank you notes, as well as get ready for an upcoming interview. Also, advice about looking for, and obtaining, a new job, and how to succeed once you start.

## Plan for College

### CFNC Resources:

Visit College Campuses during your junior and seniors year of school on work days, vacation days or summer.

### Prepare for College

There's a lot to know about college and postsecondary options. Learn all you can.

### Explore Postsecondary Schools

Use search tools to get information about NC colleges and universities and find the school that is right for you.

### Explore Programs and Majors

Search for programs and majors that match your interests.

### College Entrance Requirements

Learn about entrance and transfer requirements for the various types of schools.

### College Preparation Opportunities

Search for programs that can help you prepare for college.

### College Test Prep

Free ACT, SAT and GRE practice.

### Financial Literacy

Learn the best ways to handle your personal finances. **Other Tools**  
Here are some simple calculators to help you learn about managing your money.

- **Savings Calculator** - See how quickly your savings can grow.
- **Budget Calculator** - Establish a budget and stick to it.
- **Balance Your Checkbook** - Follow simple steps to do this online.

## Apply To College

### CFNC Resources:

Sign in to your CFNC Account or Create a new CFNC Account:

[https://www1.cfnc.org/My\\_CFNC/\\_default.aspx](https://www1.cfnc.org/My_CFNC/_default.aspx)

### Step 1: Colleges Visiting LRHS:

Students can locate the list of colleges visiting LRHS in several ways:

- A. Clicking [www.leesville.org](http://www.leesville.org), and clicking on Calendars.
- B. Clicking on <http://www.leesville.org/Calendars/index.htm>.
- C. Clicking on chronological list of college visits: [College Visitation Calendar](#)
- D. Watching the scrolling announcements on classroom televisions.
- E. Asking teachers, counselors or other staff for this list.
- F. Checking the bulletin board for this list, outside and inside the Career Center.

**\*\*College Visits will be updated every Friday, and sent to the Faculty, Webmaster, and to the Parents Yahoo group via e-mail.**

### Step 2: Make Appointments to see College Admission Representatives:

Juniors and Seniors should sign up for appointments in the Career Center (Room 102) before school, after school or during lunch, to see College Admission Reps seven days before the visit:

**\*\*\*Passes will be sent to each student on the day of their college appointment, during their first period of the day.**

#### CFNC Junior Planning Timeline

[https://www1.cfnc.org/Plan/For\\_High\\_School/High\\_School\\_Planning\\_Timeline/11th\\_Grade.aspx](https://www1.cfnc.org/Plan/For_High_School/High_School_Planning_Timeline/11th_Grade.aspx)

#### CFNC Senior Planning Timeline

[https://www1.cfnc.org/Plan/For\\_High\\_School/High\\_School\\_Planning\\_Timeline/12th\\_Grade.aspx](https://www1.cfnc.org/Plan/For_High_School/High_School_Planning_Timeline/12th_Grade.aspx)

**Purpose of College Visits:** to provide an opportunity for the students to get information and meet the college admission representative. Students will meet in the Career Center (Room 102) in a small group setting for 30-45 minutes, ask questions, and find out how the admission process works at each college. Students should research the college prior to their appointment, and be able to ask questions about the colleges. The college admission representatives are the “first point of contact with the college/university system,” and can answer many questions. The Career Development Coordinator at Leesville Road High School, Mrs. Canada will also be meeting with the College Admission Representatives and the students.

**\*\*Use the College Comparison sheet when visiting college campuses:**

<http://www2.wcpss.net/departments/cass/counseling/resources/downloads/post-secondary-guide.pdf>

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## CFNC Resources:

### Step 3: Applying to College:

A. Seniors should submit the following documents electronically to colleges, through the CFNC website – [www.cfnc.org](http://www.cfnc.org)

(1) Send College Applications by:  
Apply tab → College → College Applications and Application Fees  
or  
[https://www1.cfnc.org/Apply/To\\_College/College\\_Applications/\\_default.aspx](https://www1.cfnc.org/Apply/To_College/College_Applications/_default.aspx)

(2) Send Transcripts by:  
Apply tab → College → Transcript Manager  
or  
[https://www1.cfnc.org/ExternalScripts/My\\_CFNC/transcripts.asp](https://www1.cfnc.org/ExternalScripts/My_CFNC/transcripts.asp)

B. Seniors should also submit the following documents electronically to colleges, through the following websites:

(3) Send SAT Scores - <http://sat.collegeboard.org/scores/send-sat-scores> and/or

(4) Send ACT Scores - <http://www.actstudent.org/scores/send/index.html>

### On-Site College Visits at LRHS:

Seniors **ONLY** should submit the above items to the College Admission Representatives prior to their visit, to LRHS. At these visits, seniors will find out in the 15-20 minute appointments if they are accepted, denied, or deferred to the college. On-site appointments are beneficial to seniors because they will have one-on-one meetings with the College Admission Representatives, to gather more in-depth college information. Watch for deadlines to submit information.

\*\*\*Students should always “dress to impress” when attending college visits at Leesville Road High School.

## Other Resources:

Career and Technical Education - [http://www.wcpss.net/school\\_to\\_career/cte/index.html](http://www.wcpss.net/school_to_career/cte/index.html)

### Tutoring Resources:

1. WCPSS Success Series Online is an online tutoring for students that need extra help in school (middle school and high school courses). Students can watch videos of teachers actually teaching topics in these courses: English, Math, Science, Social Studies, Second Language, and AP Calculus and AP Statistics: <http://www.wcpss.net/success-series/>. The Success Series segments can be used by students, to review at their own pace from home, their school's media center or anywhere they have internet access.

2. Private tutors - Contact Mrs. Canada for additional assistance, [gcanada@wcpss.net](mailto:gcanada@wcpss.net).

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